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1st Sunday of Lent

February 29/March 1, 2020

Scriptural Reading This Sunday: First Reading: Genesis 2:7-9, 16-18, 25: 3:1-7 The creation and the sin of our first parents.
Responsorial Psalm: Psalm 51 R. Have mercy, O Lord, for we have sinned.
Second Reading: Romans 5: 12-19 Where sin increased, grace abounded all the more.
Gospel: Matthew 4:1-11 Jesus fasted forty days, and was put to the test.

Masses:	Tuesday, March 3,	Sonny Landry	6:00 p.m.	St. Paul's
	Wednesday, March 4,	Paul N. & Lester J. DeCoste	6:00 p.m. (Stations / Mass)	St. Paul's
	Thursday, March 5,	Gerard DeCoste	9:00 a.m.	St. Paul's
		Francis Brophy	6:00 p.m. (Stations / Mass)	St. Lawrence
	Friday, March 6,	Gertrude LeVangie	9:00 a.m.	St. Paul's
	Saturday, March 7,	Kaye DeCoste	11:00 a.m.	St. Paul's
		pro populo	4:00 p.m.	St. Francis
		Philip O'Neill	6:00 p.m.	St. Lawrence
	Sunday, March 8,	Cecilia Brow	10:00 a.m.	St. Paul's
	Stations of the Cross:	Wednesday, St. Paul's	6:00 p.m.	
		Thursday, St. Lawrence	6:00 p.m.	
		Saturday, St. Francis,	3:45 p.m.	

BIBLE STUDY: this Wednesday, March 4, St. Paul's, 10:30 a.m. All are welcome.

Communion Calls will be made Thursday and Friday March 5/6

Holy Hour Friday, March 6 at St. Paul's at 11:00 a.m.

Weekly Collection February 22/23, 2020	St. Francis	St. Lawrence	St. Paul's
Sunday Offering	\$185.00	\$687.00	\$61.00
Loose	\$0	\$62.00	\$1335.00
Pastor's Dues			\$0
Initial			\$25.00
Fuel Fund		\$10.00	
Solemnity			\$25.00

March 7/8, 2020	Lectors	Eucharistic Ministers
St. Francis	Anne	Patsy
St. Lawrence	George / Allison	Kevin / Ruth / Charlie
St. Paul's	Hugh & Gwen O'Neill	Cyril Campbell / Tammy Breen / Ann Marie Meagher

Season of Lent: the highest point in the Church's year of prayer is the Sacred Pascal Triduum celebrating the dying and rising of the Lord Jesus. We prepare for this three-day period during the Season of Lent and prolong it for the great 50 days of the Easter Season (CDW: *preparation and celebration of Easter Feasts* (16 January 1988), no. 2)

Lent has a dual purpose. It helps catechumens prepare for the celebrating Baptism, Confirmation, and Eucharist at the Easter Vigil and it invites those who are baptized through penance and prayer to prepare to renew their promise of baptismal faith at Easter CDW: Easter, no 6).

During Lent, God's people do not sing "Alleluia" until the believing community has undergone conversion and is ready to sing the chant with renewed meaning during the Easter Vigil.

Flowers are not permitted to decorate the altar or the area around it throughout the coming season except for Laetare Sunday (4th Sunday of Lent), Solemnities and Feasts (GIRM, no. 305).

Music instruments are used only to give necessary support to singing, not for playing with the same exceptions as above (GIRM, no. 313).

Community Prayer Tree: A group of individuals would love to pray for your intentions. They pray for parishioners in need of prayer daily and at the Cenacle following Friday Mass each week when possible. They are very confidential and would encourage you to either leave your petitions in the sealed box located in the Church or please phone Lucille Fougere at 234-2320. We would love to know when prayers have been answered.

Marriage Preparation Course: March 21, 2020, St. Ninian Place **8:30 a.m.** to 4:00 p.m. Register through our diocesan website. **(Please Note change in time)**

World Marriage Day: Salutes the beauty of the faithful, sacrifice and joy in daily married life. Couples are invited to join in a World Wide Marriage Encounter Weekend: June 5-7 Our Lady of Grace Monastery, Monastery, NS—for information: renewmarriage@gmail.com; phone Jamie & Connie 902-314-8541.

St. Francis of Assisi Parish: Stations of the Cross, Saturdays at 3:15, during Lent.

St. Lawrence CWL will meet Thursday, March 5th following mass, at St. Lawrence Church.

St Paddy's Day Supper & Beer Bash, Sat. March 14th at Community Centre. Irish Stew Supper by Jenny Miller 6-8pm, takeout available starting at 5pm, 19+ Dance with Ferrona 8 till 12. Get dressed in green & show your Irish heritage! Door Prizes, drives home available. Tickets available at Gary's Grocery, call (902) 436-3065 or (403) 408-6506 or online at acd9.ca. \$20 Advance (Dinner & Dance), \$15 Supper only. Sponsored by Ant. Co. District 9 Community Dev. Assoc.

It is income tax time again. Anyone needing someone to file their income tax, please phone Pat Shea at 234-3454 to set up an appointment.

On Sunday, March 15, the **Diocesan Quilt**, made from squares provided by the parishes, and celebrating the 175th Anniversary of our diocese, as well as a **special cross**, will be present at St. Paul's Church during the 10:00 a.m. Mass. (Unfortunately, the schedule did not allow for St. Lawrence or St. Francis churches to have the quilt and the cross on this same weekend).

The Annual St. Patrick's Day Tea sale sponsored by Antigonish Right to Life will take place Saturday, March 14, from noon to 2:30 at St. Ninian's Place in Antigonish. Join in the Irish fun including; door prizes, cake walk, children's games, flea market, jewellery, toys, book and craft tables, count the jelly beans, silent auction, baked goods and fudge sale, and Irish table. Be sure to enjoy a cup of tea with fresh sandwiches, biscuits, and sweets. Admission is free and tea tickets are \$7 per adult and \$4 per child. To donate crafts or used goods call Janet at 902-863-5051 or Clare 902-870-4850. Fudge, cakes and baked items can be dropped off at St. Ninian's Place the morning of the event.

In September, 2019, following the celebration to end our amazing 175th Anniversary year. Archbishop Dunn announced, for the diocese, a focus on the Eucharist culminating with a Eucharistic Congress. For the next few months leading up to the Congress, the Eucharistic Congress Planning Committee has asked to reserve this space in our bulletin to inform us of the ins and outs of what this all means for each of us.

MARCH 1

What does Pope Francis mean by Eucharist Culture attitudes?

COMMUNION

Pope Francis says that communion is established with the Lord and among the faithful at mass where we are nourished by His body and blood. Archbishop Dunn stated "*Christ is present in our gathering (thus the importance of the ministry of hospitality), in the Word (thus the importance of the ministry of lector), in the ministry of the priest (thus the importance of ministers of service) and in his Body and Blood (thus, the importance of communion ministers). The Second Vatican Council proclaimed that the Eucharistic sacrifice is "the source and summit of the Christian life" for we all draw our very life from the Eucharist. From the Eucharist, we receive our spiritual power as Church and are then sent on mission to "go therefore and make disciples" (Mt 28:19).*"

SERVICE

The Pope explained that the attitude of service impels the Eucharistic community to be present in places of frailty, under the shadow of the cross, in order to share and to bring healing. He said that through spiritual and corporal works, the balm of mercy can be poured in numerous places and situations, such as families in difficulty, young people and adults without work, the sick and the elderly who are abandoned, migrants experiencing hardship and acts of violence, and many other forms of poverty. In these places of wounded humanity, the Pope said, Christians celebrate the memorial of the Cross and make living and present the Gospel of Jesus the Servant, by spreading the seeds of a Eucharistic culture by becoming servants of the poor.

MERCY

The Pope said we complain about the "*corrosive river of misery*" flowing through our society, such as oppression, arrogance, cruelty, hatred, forms of rejection and lack of concern for the environment. But, he said, this swollen river is powerless against the "*ocean of mercy*" that inundates our world. The Eucharist, he said, is the wellspring of this ocean of mercy that helps form the image and structure of the People of God suited to our modern age. The Holy Father hopes that a Eucharistic culture would be capable of inspiring men and women of good will in the fields of charity, solidarity, peace, family life and care for creation.

Ultreya will be held March 28 @ 7:30 our Lady of Fatima Church. This month we welcome Bishop Kirkpatrick. All Cursillistas, please feel free to come and welcome our new Bishop to our Cursillo Community. Your support will be greatly appreciated.

Are you interested in the rich history of our Heatherton and area communities? Join us at a social and information evening Sunday, March 15 @ 6:30 p.m. at the Heatherton and Area Community Center, formally Heatherton School, to see what we have been working on and learn about the projects ahead, no charge.

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery. Al-Anon has but one purpose; to help the families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic. If you think we can help there is a meeting each Wednesday at 8:00 pm at **St. Paul's Parish Basement**. Meetings last for approximately one hour. Anonymity is stressed.

"Chase the Ace" Havre Boucher Community Centre, on Friday, from 7 to 9 p.m.

Chase the Ace at the Mulgrave Fire Hall on Saturday evenings from 7:00 - 9:00.

Mulgrave Legion Card Plays: Crib - Sundays at 1:00 p.m.