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 Mary Williams, Religious Education Coordinator, Home 234-3118 or 870-2168/Church 234-3505
 Email: mary_florence47@hotmail.com Bulletin Notices must be in no later than **Thursday p.m.** (NOTE CHANGE)

Scriptural Reading This Sunday Sirach 27:4-7 Tribulation is the test of the just.
 Psalm 92 Lord, it is good to give thanks to you.
 1 Corinthians 15: 54-58 Where, O death is your sting?
 Luke 6: 39-45 Remove the beam from your own eye first.

Masses: Tuesday, March 5, Carl Fougere 6:00 p.m. St. Paul's
 Ash Wednesday, March 6, Holy Souls in Purgatory, 11:00 a.m. St. Francis
 Colin Purcell 6:00 p.m. St. Lawrence
 Gertrude LeVangie 7:30 p.m. St. Paul's

Remember, Ash Wednesday is a universal day of abstinence from meat and fasting (one regular meal, 2 small meals)

Thursday, March 7, Robert Fraser 6:00 p.m. St. Lawrence
 Friday, March 8, Stanley Forger 9:00 a.m. St. Paul's
 Saturday, March 9, Conrad DeGruchy 11:00 a.m. St. Paul's
 Frank MacPhee Jr. 4:00 p.m. St. Francis
 Catherine Wood 6:00 p.m. St. Lawrence
 Sunday, March 10, pro populo 10:00 a.m. St. Paul's

Bible Study: Bible Study this Wednesday, March 6, at 10:30 a.m. St. Paul's Church, Havre Boucher. Everyone welcome.

Weekly Collection February 16/17, 2019	St. Francis	St. Lawrence	St. Paul's
Sunday Collection	\$230.00	\$470.00	\$1738.00
Loose	\$20.00	\$5	\$93.00
Building Fund		\$20.00	
Pastor's Dues			\$90.00
Building Fund			
IMO Aggie Brow			\$20.00 St. Paul's Church

March 9/10, 2019	Lectors	Eucharistic Ministers
St. Francis	Kelly Lynn	Ada
St. Lawrence	Allison / Carol	Kevin / Liz / Theresa
St. Paul's	Dan & Lucille Fougere	Cyril Campbell/ Tammy Breen / Ann Marie Meagher

Community Prayer Tree: A group of individuals would love to pray for your intentions. They pray for parishioners in need of prayer daily and at the Cenacle following Friday Mass each week when possible. They are very confidential would encourage you to either leave your petitions in the sealed box located in the Church or please phone Lucille Fougere at 234-2320. We would love to know when prayers have been answered.

St. Lawrence C.W.L. Meeting, Thursday, 6:30 p.m., St. Lawrence Church.

Nominations are being accepted for three (3) positions on St. Paul's Parish Council. Nomination forms are at the back of the Church and when filled out may be given to Fr. Allan.

Nominations for four (4) positions on St. Francis of Assisi Parish Council are being accepted. Once completed, nomination forms may be given to Fr. Allan.

Baptism: We welcome to the parish of St. Francis of Assisi **John James Richardson**, infant son of Emily Grant, St. Francis Harbour, and John Richardson, Manassette Lake. John will be baptized during the 4:00 p.m. Mass at St. Francis Church this Saturday, with the example and teaching of his parents, godparents, family and parish, may he become the saint all of us are called to be.

Prayers and sympathy to the family and friends of the late Aaron O'Brien formerly of Auld's Cove and St. Lawrence Parish, Mulgrave. May he enjoy rest eternal with all who have gone before him and may peace come to all who mourn.

NO SCENTS IS GOOD SENSE! Scented products contain chemicals which can cause serious problems for many people, especially those with asthma, allergies, and environmental illnesses etc. Health problems include sore throat, runny nose, sinus, wheezing, shortness of breath, headache, mental confusion, flushing, nausea, muscle pain, migraine etc, etc. **PLEASE AVOID WEARING SCENTED PRODUCTS! We Share the Air! Thank-you!**

All wishing to donate to the Augustinian Sisters at Our Lady of Grace Monastery to help them buy the Monastery and property can make the cheque out to **Augustinian Contemplative Nuns Society.** Please include your address for income tax receipts. Thank you for your generosity.

St. Paul's Choir: We are in need of new choir members anyone interested please join us, on Sunday mornings. Everyone is welcome.

Save the Date: Divine Mercy Conference, Our Lady of Grace Monastery August 30th – September 1st, 2019.

Come on a 15 day Pilgrimage of a lifetime with Fr. Patrick O'Neill August 15 to August 29—2020 To Rome -The Shrines Of Italy and to Oberammergau-Germany to experience the WORLD RENOWN PASSION PLAY OF JESUS Performed only once every 10 years. Cost—6,295.00 per person. 500.00 due March 31-2019. We have only 20 tickets for the Passion Play. Book as soon as possible and secure your ticket and seat. To book and for more information please contact Helen at 902-304-4101

Come on Pilgrimage with Fr. Albert MacPherson and Fr. James O'Neill – July 4-11 to Ste. Anne de Beaupre-Cap de la Madeline- Ste Joseph's Oratory and Montmorency Falls \$850.00 for Double Occupancy. To book your seat or for more information please contact Helen at **902-304-4101**

On Saturday, March 9, 2019, from 10 am to 12 noon, a **Workshop on the Role of the Cantor** will be presented at St. Marguerite Bourgeoys Church, Cabot Street, Sydney. The workshop will be given by Rosemary McGhee and is open to Choir Directors, Cantors and any church choir-member interested in becoming a Cantor. A short history of biblical psalms and the ancient role of cantor will be explored along with the development of the Psalter and Cantor in Sacramental Liturgies since Vatican II. During the workshop the Lenten/Easter psalms included in the "Psalms for Sundays and Solemnities: New Revised Standard Version – Year C" (2015) will be introduced.

Irish Stew and/or Chili meal, 2:00 P. M. - 5:00 P. M., Sunday, March 17, 2019 at the Mulgrave Heritage Centre, 54 Loggie Street, Mulgrave, N.S.. The cost is \$10.00 which includes biscuit, rolls, dessert, tea or coffee. We encourage you to come early while the food lasts. Wear your greenery and sing some beautiful Irish songs. Many citizens of Mulgrave can trace their ancestry back to Ireland. It is true that, "Ireland's grass is greener than any you may see."

St. Patrick's Day Tea and Sale: the annual event is sponsored by Antigonish Right to Life will take place Saturday, March 16 from noon to 2:30 at St. Ninians Place in Antigonish. Join in the Irish fun including; door prizes; cake walk; children's game; flea market; toy, book and craft tables; count the jelly beans; silent auction; baked goods and fudge sale; and Irish table. Be sure to enjoy a cup of tea with fresh sandwiches, biscuits and sweets. Admission is free and tea tickets are \$7 per adult and \$4 per child. To donate crafts or used goods call Janet at **(902) 863-6061** or Clare at **(902) 863-3873**. Fudge, cakes and baked items can be dropped off at St. Ninian's Place the morning of the event.

It is income tax time again: anyone needing someone to file their income tax, please phone Pat Shea at 234-3054 or Dee Melong at 234-2435 to set up an appointment.

There will be free Income Tax preparation clinics for low income individuals which includes seniors, students and family's that are by appointment only. Clinics will be held in Mulgrave at the Royal Canadian Legion (rear entrance) from 9 AM to 4 PM on March 14, April 11 and April 24, 2019. Clinics will also be held in Guysborough, Unit H 4 of the Chedabucto Centre from 9 AM to 4 PM on March 7, March 20, April 3, and April 17, 2019. Contact Dee Melong at 902-234-2435 to make an appointment.

Passionately in Pursuit of JOY Who: Youth in Grades 9, 10, 11, 12 Confirmation Candidates and Young Adults, Catechists, Priests, Deacons **What:** Youth Rally and Confirmation Retreat **Where:** Holy Family Parish Hall-Sydney Mines **When:** April 6th, 2019 - starts 11:00am ends after 4:00pm Mass **Why:** We will be blessed to have Fr: Gary George, CSSR, leading the retreat. **How:** Register by March 8th email norma@dioceseofantigonish.ca Cost: \$10.00 per person

February Pickleball Community Center: Monday - 10am-1pm, 7-9pm; Wed. 1-4pm; Thurs. 12-3pm; Sat. 10am-2pm; Sun (except Hank's Jamboree) 1-4pm. Novice/Beginner Training on Mon. Feb 18th 8-10am & 10-Noon by registration. Contact Mark at mickeyfoug@gmail.com Spaces limited.

Strait Area Food Bank donations from the Parish of St. Lawrence, Mulgrave may be left in the food bank box at the church entrance. Your donations of food items are much appreciated as winter demands for money for fuel, food and medications is a great burden for those souls less fortunate than us. Thank you for your giving, God will reward the generous heart.

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery. Al-Anon has but one purpose; to help the families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic. If you think we can help there is a meeting each Wednesday at 8:00 pm at **St. Paul's Parish Basement**. Meetings last for approximately one hour. Anonymity is stressed.

"Chase the Ace" Havre Boucher Community Centre, on Friday, from 7 to 9 PM

Chase the Ace at the Mulgrave Fire Hall on Saturday evenings from 7:00 - 9:00.

Mulgrave Legion Card Plays: Crib - Sundays at 1:00 p.m.

Come to our 45 Card Play every Wednesday evening at 7:30 PM.