

Facts about St. Francis of Assisi: Francis was held as a prisoner of war for a year. As a young 19 year old man, Francis fought in a conflict against the city of Perugia before his conversion. He was captured

Stations of the Cross: Saturdays, **3:30 pm** at St. Francis; **5:40 pm**, St. Lawrence, and Wednesdays, **6:00 pm** St. Paul's

Hospital Visitation: Because St. Martha's Hospital and the other hospitals no longer provide lists of patients to pastors, clergy and lay ministers, we have no way of knowing when our parishioners are in hospital. To visit a parishioner, I therefore need that person or one of the relatives to tell me they would like to be visited. – *Fr. Allan*

St. Lawrence Parish invites parishioners, past and present, as well as friends of the Parish, to assist with its **Heat Pump Fund** if you are able. The new system and electrical upgrade cost \$58,811, minus a rebate from the province of 19,905.23. The parish received a loan of 36,374.27 at 4% annual interest from the Diocese of Antigonish. Monthly payments will be \$821.30 per month for four years. Donations to help us pay for this loan can be made to St. Lawrence Parish and receipts will be **issued that can be used as a charitable donation on your income tax return. We are grateful to all who support St. Lawrence Parish.**

Mass Intentions: Beginning in the New Year 2026, we respectfully ask that if you are asking for a Mass for deceased loved ones, you limit such requests to one Mass per person **per year**, preferably on the anniversary of their death (or near to that date if the actual date has been booked ahead of time). The problem for some years now is that we have had a large backlog of Masses to be said for more recently deceased people in our 3 parishes. (In some cases there may be 20 or 30 Masses to be said for a person, but few places to fit them in.). Thank you for your cooperation.

On Sunday, March 29th, from 1:30-4:00 pm, Antigonish's very own Troy MacGillivray along with Mabou's Andrea Beaton will perform at a **square dance/ceilidh at St Ninian's Place in Antigonish.** Light lunch provided. Admission \$15.00 for adults, students by donation, children under 12 free. Profits go to the Ninian's Roof Repair Fund.

The **Good Friday Collection** is taken at the request of the Holy See. It is for the support of the many social, educational and parish projects of the Church throughout the Holy Land, as well as the upkeep of the Holy Sites. It helps to ensure the presence of the Church and peace in this land. We invite you to give generously.

The Novena of Divine Mercy begins on Good Friday and ends with the Holy Hour on Divine Mercy Sunday, the First Sunday after Easter, April 12. (The Holy Hour for the Divine Mercy will take place at St. Paul's Church, April 12 at 3:00 pm.)

CORAH (Centre of Rural Aging and Health) is pleased to share a full lineup of engaging activities for April! Join us at the CORAH Café for friendly conversation or explore new places during our Travel Talk session. Keep moving with our Chair Yoga classes and Tai Chi in Creignish and unwind with Meditation. For those who love creativity and games, we're offering Crafternoon, Doodle Art, Scrabble Club, and a Mahjong Workshop. Gardeners can get their hands dirty at our Seed Sowing Workshop, while lifelong learners can attend informative sessions such as the Industrial Electrical Student Presentations, Probate Law Explained, and our Perimenopause & Menopause Presentation. There's something for everyone this month—come learn, connect, and have fun with CORAH!