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 Email: [marywilliams@bellaliant.net](mailto:marywilliams@bellaliant.net) Bulletin notices must be in no later than Thursday p.m.

**This Sundays Readings** Sirach 27:4-7 Do not praise a man before hearing his message.

Responsorial Psalm 92 R. Lord, it is good to give thanks to you.

1 Corinthians 15:54-58 God has given us the victory through Jesus Christ.

Luke 6: 39-45 From what is in the heart, the mouth speaks.

**The Sacrament of Reconciliation (Confession)** is celebrated every Saturday, 1:00-2:00 p.m. at St. Paul’s Church (unless it is cancelled for a funeral, etc.) and before Mass on Saturdays at St. Francis and St. Lawrence Churches. If you would like to receive Reconciliation at a different time, please phone Fr. Allan at 902-234-2387 to set up an appointment.

**Masses:** Tuesday, March 1, to Sunday, March 6

Tuesday,	March 1,	Donnie Zink	6:00 p.m.	St. Paul’s
Wednesday,	March 2, <u>Ash Wednesday,</u>	pro populo	11:00 a.m.	St. Francis
		pro populo	4:00 p.m.	St. Lawrence
		Burk Webb	6:00 p.m.	St. Paul’s

Ash Wednesday is a universal day of **fasting** (one full meal, 2 small meals that together add up to one meal, no snacking between meals) binding those from 18 to 59 years of age, and a day of **abstinence from meat**, binding those from age 14 and older.

Thursday,	March 3,	Sick members of the Levangie and Hanlon families	9:00 a.m.	St. Paul’s
Friday,	March 4,	Sylvester & Lillian DeCoste	9:00 a.m.	St. Paul’s
Saturday,	March 5,	Rita DeCoste	11:00 a.m.	St. Paul’s
		pro populo	4:00 p.m.	St. Francis
		pro populo	6:00 p.m.	St. Lawrence
Sunday,	March 6,	William John & Gertrude leVangie	10:00 a.m.	St. Paul’s

Collection February 19/20, 2022	St. Francis	St. Lawrence	St. Paul’s
<b>Sunday Offering</b>	<b>\$475.00</b>	<b>\$370.00</b>	<b>\$1113.00</b>
<b>Pastor’s Dues</b>			<b>\$50.00</b>
<b>Initial Offering</b>			<b>\$15.00</b>
<b>Solemnity of Mary</b>			<b>\$10.00</b>
<b>Missals</b>			<b>\$11.00</b>
<b>Fuel</b>		<b>\$20.00</b>	
<b>Donation</b>			<b>\$250.00 (St. Paul’s Parish)</b>

**Lent** has a penitential character. During lent, penance is an important requirement of Christian life. Fulfillment of this duty involves prayer, works of piety and charity, and self-denial by fulfilling one’s obligations more faithfully and especially by observing the prescribed fast and abstinence.

**Christmas flower list from** St. Paul’s attached to your bulletins last week, one item was omitted A donation IMO Lavin & Josephine, Tommy, Eddie Pettipas and Ruth Mattie donated by Jean Sampson. We apologize for this error.

**St. Lawrence Parishioners New** members are needed. Please consider nominating someone or serving on this important committee. Nominees should be regular church goers.

**Funeral Receptions:** St. Lawrence CWL has decided to postpone holding Funeral Receptions until April 1<sup>st</sup>, 2022, due to Covid restrictions and the lack of volunteers. We will reassess on April 1<sup>st</sup>, 2022. If anyone would like to go on a list of volunteers to assist us, please call Jessie Guthro at 902-625-1617

**First Friday Communion Calls** will resume this week, Thursday, March 3 and Friday, March 4.

**Hospital Visitations:** St. Martha's Hospital is not allowing any casual visits by anyone, including clergy unless it is an emergency. Clergy have to make an appointment through the pastoral care department to see a patient. I am unsure about the restrictions on visitation by clergy at the Strait Regional and Guys. hospitals. ~ *Fr. Allan*

**St. Paul's Church Roof Fund:** The cost of our new roof was \$33,206.25, a significant hit on our operating fund. If you wish to contribute above and beyond your usual contribution, please put your donation in an envelope with your name, envelope number, and marked Roof Fund. Thank you!

**The New Sunday Missals 2021-2022** on sale at Church entrance. The cost is \$5.00

**Phase 2 of the Covid-19 Recovery Plan begins on Monday, March 7, 2022.** The only change from the phase 1 is that we are allowed 75% capacity of the building along with social distancing. So, effectively, no change. All mandates will end in Phase 3, March 21.

1. Masks are mandatory in our churches, halls. The mask must cover your mouth and nose. Readers can take their masks off to read. Social distancing is still required.

2. **Singing** is now allowed by everyone, **wearing masks and social distancing.**

3. Proof of double vaccination is **not** required Sunday Masses and weekday Masses.

4. Proof of a double vaccination is required for funeral liturgies, weddings, baptisms, parish council and other meetings, bible study, Holy Hours, retreats or missions, community meals / potlucks, and fundraisers. Rental of our Parish halls, for events like weddings receptions, Christmas fairs and workshops, etc. require proof of vaccination.

5. Funeral liturgies **without** proof of double vaccination may take place.

a. maximum of 25 people or 50 % of the buildings capacity. The presider and funeral staff are not counted among the 25.

b. all represent must wear a mask indoors and outdoors, the 25 do not have to social distance if they are a consistent social group.

c. no one who is unwell may attend. d. a reception after funeral or wedding requires proof of double vaccination.

6. Border restrictions for people living in Canada and travelling to Nova Scotia are lifted. You no longer have to fill out the Safe Check-In form or self isolate if coming from another Canadian province. However, border restrictions do apply to out-of-country travelers coming to Nova Scotia.

7. For Holy Communion, everyone must receive the Host in the hand or in a pyx. There is no receiving on the tongue until further notice.

8. We will not be sharing the Chalice or the Sign of Peace for the foreseeable future, until it is safe.

9. The limits for regular Sunday and weekday Masses and liturgies are 50% of the building's capacity: 100 for St. Paul's; if social distancing allows; 100 for St. Lawrence, if social distancing allows; 60 for St. Francis, if social distancing allows.

**Synod: 'Come back to me with all your heart': Lent 2022** "This Lenten call to renewal of our hearts is also a public call for renewal in the heart of the Church," Bishop Kirkpatrick says in his Lenten letter, inviting us to journey with the Synod this Lenten season. There are many ways to journey with the Synod, such as: offering prayer, reflecting on issues of importance to you in the church today, filling out a survey, or hosting a conversation. learn more about what is available by contacting Debbie at the Emmaus Centre ([daker@dioceseofantigonish.ca](mailto:daker@dioceseofantigonish.ca), 902-539-6188 or toll-free 1-800-656-5311 ext 226) or visiting our website.

**Income time is here again:** Pat Shea is offering her services to anyone needing assistance with income tax returns. This is open to anyone and is free of charge. Please phone Pat at 234-3054 or cell at 902-537-0301.

